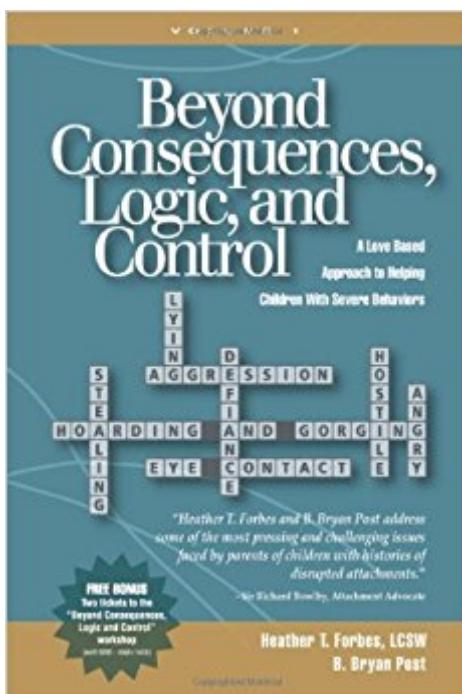


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# Beyond Consequences, Logic, And Control: A Love-Based Approach To Helping Attachment-Challenged Children With Severe Behaviors



## **Synopsis**

Beyond Consequences, Logic, and Control covers in detail the effects of trauma on the body-mind and how trauma alters children's behavioral responses. The first four chapters help parents and professionals clearly understand the neurological research behind the basic model given in this book, deemed, 'The Stress Model.' While scientifically based in research, it is written in an easy to understand and easy to grasp format for anyone working with or parenting children with severe behaviors. The next seven chapters are individually devoted to seven behaviors typically seen with attachment-challenged children. These include lying, stealing, hoarding and gorging, aggression, defiance, lack of eye contact, and yes, even a chapter that talks candidly about how parents appear hostile and angry when they work to simply maintain their families from reaching complete states of chaos. Each of these chapters talks in depth on these specific behaviors and gives vivid and contrasting examples of how this love-based approach works to foster healing and works to develop relationships, as opposed to the fear-based traditional attachment parenting approaches that are being advocated in today's attachment field. The authors end with a Parenting Bonus Section: true testimonials from parents who have been able to make significant changes in their homes with this model of parenting, giving real-life examples of how they have been able to find the healing, peace, and love that they had been seeking prior to working through the techniques outlined in this book.

## **Book Information**

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## **Customer Reviews**

The authors address the most pressing and challenging issues faced by parents of children with histories of disrupted attachments. --Sir Richard Bowlby, Attachment Advocate. --Sir Richard

Bowlby, Attachment Advocate. Powerfully healing! The authors have written a profoundly insightful and absolutely critical book for parents and professionals. --Stacey and Scott Annand - parents and advocates for healing families --Scott Annand, Parent and advocate for healing families This book is brilliant! It lets parents know there is another way. --Terry Chapman, adoptive mother --Terry Chapman, Adoptive mother Powerfully healing! The authors have written a profoundly insightful and absolutely critical book for parents and professionals. --Stacey and Scott Annand - parents and advocates for healing families --Scott Annand, Parent and advocate for healing families This book is brilliant! It lets parents know there is another way. --Terry Chapman, adoptive mother --Terry Chapman, Adoptive mother

Heather T. Forbes, LCSW, is the co-founder of the Beyond Consequences Institute. She is an internationally published author on the topics of adoptive motherhood, raising children with difficult and severe behaviors, and self development. Forbes lectures, consults, and coaches parents throughout the U.S., Canada, Europe, and Australia, with families in crisis working to create peaceful, loving families. She is passionate about supporting families by bridging the gap between academic research and "when the rubber hits the road" parenting. Much of her experience and insight into understanding trauma, disruptive behaviors, developmental delays, and adoption-related issues stems from the direct mothering experience of her two internationally adopted children.

I ate this book up in less than a day. Need to go back through it and slowly re-read it to digest it more, but wow, this was absolutely amazing and eye opening. Our three year old daughter was adopted at 11 months old, and this helped me really grasp the "why" behind her behaviors: FEAR. Also helped me understand the root of my struggles: also FEAR. Thankful for this wisdom and insight. Saw a dramatic shift for the positive in our family because of the knowledge this book provided. Thank you Heather Forbes!

I gave this book to a friend who adopted three young children. She is really enjoying it, it makes a lot of sense because these children have had a completely different upbringing before adoption and they have different fears than other children.

I originally read this book to better understand my nephew and nieces who have had a tough time recently. However, I quickly realized that this book applied to me as well. Working from a scientific and evidence based approach, I began to understand why I reacted the way I did to small issues (a

life or death response which left me upset and mystified). The authors explain the fight or flight response in detail, and discuss how to be with someone who is responding in this way to small stresses, like "please turn off the tv." The approach is not airy-fairy "do these 10 actions and everything will be fine." This is hard work but practical and do-able. It is changing my life and my relationships.

This book has been a huge eye opener to the behaviors of our adopted son. I would HIGHLY recommend this book to anyone who is parenting a child from a difficult background. It is refreshing to hear what we often feel but are too afraid to verbalize.

The traditional parenting model we have been using with our two adopted children certainly hasn't worked these past years. This book challenges that model and offers an explanation as to why our house has been so full of conflict. I often felt that I would not survive the adoption due to the extreme amounts of stress and constant anxiety over when the next meltdown, manipulation or battle would occur. I am hoping that if I can learn to respond as this book suggests, that some peace may come to our home, and that I may actually be able contribute to my children's healing. I think this book may help many types of parenting situations, not just adoptive homes.

I really enjoyed reading the book. I immediately tried implementing some of the suggestions and was amazed at my son's positive response. Appealing to his inner fear, helped to diffuse his reactions and negative behaviors. Although, I'm not sure I agree with everything in the book, I agree this different approach has helped. It has put some warmth into our often tumultuous relationship.

this is a great great book!!!!!!!!!!!!

This is an important read for all parents; particularly those who have adopted children. It offers a view of children's behaviour that is quite different from the traditional. e.g. that children don't 'misbehave' as a need to be manipulative or to annoy their parents, but rather, that children's behaviour is a form of communication and what is being communicated is fear. The examples at the back of the book illustrate the concepts in an easy to read format. An excellent read that has a far reaching audience.

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